



# LOW

Part 1 of the Meditations Trilogy

Conceived, written and performed by Rha Goddess  
Directed and developed by Chay Yew



Photos: Jacques-Jean Tiziou

## LOW: Part 1 of the Meditations Trilogy

**Conceived, Written and Performed by Rha Goddess**  
**Directed & Developed by Chay Yew**  
**Premiered March 2006**

A co-production of Divine Dime Entertainment, Ltd and Sasha Dees for Made in da Shade

*"Rha Goddess' anger is raw, her honesty palpable, the imagery of her language is rich, the hip hop rhythm. . . is exactly right"*  
- Cincinnati Enquirer

Linguistic brilliance, hip-hop rhythms and unflappable honesty characterize the work of Rha Goddess - artist, writer, poet and social activist. Her newest foray in performance brings us Meditations with the Goddess - a trilogy of full-evening performances written by Rha and staged in collaboration with artists in theater, dance and music. Part manifesto, part family history, and part spiritual evocation, *The Meditations Trilogy* explores the revolution to be well through issues of identity, power and class. In *LOW*, (part 1 of *The Meditations Trilogy*) Rha poses the question - What is Insanity? This 75-minute, multidisciplinary solo theater piece explores the mythology, stigma, fear and confusion surrounding mental illness. A cry for understanding and positive change, *LOW* asserts that achieving a state of well-being in this society is a revolutionary act.

Goddess uses a stunning fusion of poetry, music and prose to bring us the story of Lowquesha- a vibrant young woman's all too common journey through the mental health system. In *LOW*, Goddess unflinchingly depicts the very human tragedy of mental illness in contemporary culture in a riveting portrayal that is furious, funny, dark and hopeful. Brilliantly staged and directed by Chay Yew, *LOW* offers up an equal dose of laughter, outrage and compassion - biting articulate and modulated for emotional power.

Since its premiere at the 2006 Humana Festival of New American Plays, *LOW* has toured nationally to sold-out houses receiving standing ovations and glowing accolades from critics; "...rarely has a new show garnered such attention..." (Philadelphia Weekly Review); "Goddess is a commanding performer and Low's payoff is both surprising and galvanizing..." (Variety); and "An awe inspiring production..." (Lexington Herald-Ledger).

As a companion piece to the performance, Rha Goddess in partnership with Dr. Peter Fraenkel, a New York City College professor of psychology, has developed a pioneering study to explore the therapeutic impact a work of art (in this case *LOW*) has on an important social issue (mental illness). Results of this study, first implemented at performances of *LOW* at 651ARTS (Brooklyn, NY), show significant changes in attitudes of audience members after seeing this work. This method of collaboration has emerged as a national model for community engagement which also includes open mics, creative writing sessions and community dialogues.

*LOW* is made possible in part with grants from Jerome Foundation, Meet the Composer, the NPN Creation Fund, Association of Performing Arts Presenters Next Steps Program, New York State Council on the Arts, and the Kentucky Foundation for Women. *LOW* has received commissioning support from 651ARTS, Brooklyn, NY; and New World Theater, Amherst, MA. Crucial developmental residencies have been provided by the Actor's Theatre of Louisville (Louisville, KY), New York Theatre Workshop, Center for Creative Education (Stone Ridge, NY) and North American Cultural Laboratory (Highland Lakes, NY).

**For more information or to learn how to participate in The Meditations Trilogy contact:**

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## Rha Goddess Biographical Information:

Rha Goddess is a pioneer performance/recording artist and activist known for her unique blend of soulful melody, spoken word consciousness and hip hop energy. Rha Goddess exploded on the scene in 1997 with "My Pen"- the hit debut single from the critically acclaimed spoken word CD "Eargasms" (Mercury). In 1999, she independently released her debut CD, "Soulah Vibe" (Next Millennium Entertainment). In the spring of 2000, "Soulah Vibe" was internationally commercially released on Divine Dime Entertainment, Ltd. The project is a creative blend of jazz, blues, and Latin music, yet it is unquestionably hip-hop at its core. Her CD has received phenomenal reviews from leading industry sources. **Time Magazine** raves, "Rha Goddess is a major talent and has produced one of this year's coolest records." **Ms. Magazine** adds, "This indie-label goddess with major-label talent is blessed with a gift."

Rha Goddess has come to collaborate with and/or perform with and be mentored by some of music's greatest artists including the late jazz master **Weldon Irvine, The Last Poets, Nona Hendryx, Olu Dara, Angelique Kidjo, A Tribe Called Quest, Mos Def, Erykah Badu, Public Enemy, and KRS One**, among many others. Rha continues to receive critical acclaim for her work on Spoken Melodies and The Amadou Project (Nedlow Music), KRS One's Maximum Strength (Jive), British R&B sensation Lyndon David Hall's "Sexy Cinderella" Remix (EMI), Blu Magazine's Tribute to Women Compilation, and "A Rose That Grew In Concrete", a memorial album featuring the poetry of **Tupac Shakur** (Interscope Records). Rha has also been a featured artist in numerous national and international festivals : URB03 festival, ACT 2001 Festival, Double Talk Festival, BAM's Next Wave/Next Next Festival, Russell Simmons Def Poetry, Eve Ensler's Vagina Monologues' Vday Gathering, the NGO forum- World Conference Against Racism, New World Theater's Project 2050, New Works Festival and Intersections Conference. She is currently touring her debut theatrical project "*Meditations With The Goddess*" and "*We Got Issues*" a creative collaboration that focuses on young women and electoral politics. In 2006, Rha Goddess edited (along with JLove Calderón) dialogues and stories honed from the national tour of "*We Got Issues*." The book *We Got Issues - A Young Woman's Guide to a Bold, Courageous and Empowered Life*, endorsed by Eve Ensler -- "*Powerful, original, diverse, outrageous young women. Their voices literally pulse through the book. A manifesta, an invitation, a revelation.*"-- has been in Amazon's top twenty best sellers list for the three months since its printing.

Beyond her music, Rha Goddess is a trailblazing entrepreneur as well. Affectionately known as hip hop's Ani DeFranco, as Founder and CEO of Divine Dime Entertainment, Ltd. Rha is one of the first women in Hip Hop to co-write, co-arrange, co-produce and independently distribute and market her own music world wide. In May 2000, Essence Magazine recognized Rha as one of 30 Women to Watch in the new millennium. In May 2002, Rha was a featured keynote in the Women & Power Summit at Omega Institute along with **Iyanla Vanzant, Eve Ensler, Anita Hill, and Eileen Fisher; and again in 2003 along with Jane Fonda, Alice Walker, Eve Ensler, and Marion Woodman.**

## The Company

### **Chay Yew** (Director and Developer)

His New York credits include Joseph Papp Public Theatre, New York Theatre Workshop, National Asian American Theatre Company and Ma Yi Theatre Company. Regional credits include Mark Taper Forum, Long Wharf, Actors Theatre of Louisville, Kennedy Center, Empty Space, Portland Center Stage, East West Players, Cornerstone Theatre Company, Geva Theater Center, Laguna Playhouse, Theatre at Boston Court, Highways Performance Space, Gala Hispanic Theatre, Singapore Repertory Theatre, Theatre Rhinoceros, Northwest Asian American Theatre, Asian American Theatre Company, Talk and Squawk, Smithsonian Institute, and University of California San Diego. His opera credits include the world premieres of Osvaldo Golijov's AINADAMAR (co-production with Tanglewood Music Center, Lincoln Center for the Performing Arts and Los Angeles Philharmonic) and Rob Zuidam's RAGE D'AMORS (Tanglewood). An alumnus of New Dramatists, he also serves on the board of directors on Theatre Communications Group and Society of Stage Directors and Choreographers.

### **Darrin M. Ross** (Sound Designer / Composer)

As Music Producer, Sound Designer and Engineer, Ross has been working in music since 1984 with Jam on Productions. He has recently completed the score and sound design for Alvin Ailey American Dance Theater's Love Stories and Remiscin along with Suzan Lori Parks TopDog/Underdog. He is also the recipient of a 2001 New York Dance & Performance Award (BESSIE) for his music composition for Rome & Jewels. Mr. Ross has worked with and established many artists in the industry such as Freeway, PM Dawn, Newcleus, Tuff Crew, Doug E. Fresh, King Britt, ZHANE, Jungle Brothers, Kim Waters, Todd Terry, The Roots, Bahamadia, Dee Dee Sharp, Gamble, No Question, Az Yet, Victor Duplaix, Bowser, Rampage, Grisha Coleman, Philip Hamilton, Leon Evans, and more. In 1992, he formed I.Q. Records and is now directing his own production company, Kitinay Productions Inc. In 1990 he CO-produced television segments for "Dance Party USA" and "1 House Street," This led to scoring and composition efforts for works set on Pennsylvania Ballet, Memphis Ballet and the Colorado Ballet and various movies. In 1997, Mr. Ross received Philly's Street Buzz Producer of the Year Award. Ross is currently completing his solo album project; CO-producing and scoring the play "Big Girls Need Love Too" as well as composing for the PBS Documentary "Alvin Ailey Beyond The Steps" and working with other film and dance companies. His sound design credits include: LOW, Remiscin, Love Stories, Fallen Crumbs from the Cake, Cool Heat Urban Beat, The Pennsylvania Ballet, The Memphis Ballet, The Colorado Ballet, Hot Mouth, Rome & Jewels, Facing Mekka, Maurice Hines' Hot Feet, Eleones Carols in Color, and many other dance theater works.

**Sabrina Hamilton** (Lighting Designer) has worked extensively over the last fifteen years with Mabou Mines as Lighting Designer, Production Manager, Performer, Stage Manager, and Assistant Director. Other credits include work at the New York Shakespeare Festival, The Goodman Theatre in Chicago, LA's Mark Taper Forum, and six years as Route Lighting Designer for New York's Village Halloween Parade. Her international lighting credits include work in Havana, Bologna, Florence, Milan, London, Grenada, Geneva, Paris, Rio de Janeiro, Amsterdam, Brussels, Cardiff, Edinburgh, Tampere, Finland and at the Bristol Old Vic in England. Hamilton's directing work has been seen in New York, Berlin, and throughout New England. She holds an MFA in Lighting Design and Directing from the University of Massachusetts at Amherst, and has been on the faculties of Hampshire College, Trinity College, and Long Island University and Williams College. She is on the graduate faculty of Towson University. She has served a panel member for the National Endowment for the Humanities and the New Forms Panel of the Pennsylvania Arts Council. She is also a member of the Lighting Commission of the United States Institute for Theatre Technology (USITT), and is active with the Education Commission of its international parent body, OISTAT.

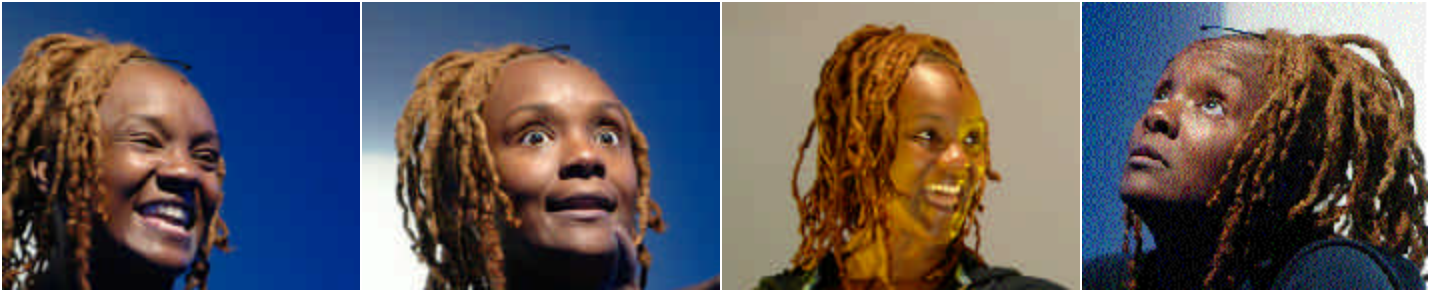
**Mikiko Suzuki MacAdams** (Set Designer) Her upcoming projects include "The Mikado" (Opera Theatre of St. Louis), and "9 Parts of Desire" (Actors Theatre of Louisville). Recent credits include "points of departure", "Tight Embrace" and "Kissing Fidel"(Intar Theatre), "Cleansed" (Columbia University) "Snow Queen" (Urban Stages) and "Deviant"(the Vortex Theatre). Her work has been seen at Yale Repertory Theatre, McCarter Theatre's education tours, Northwest Asian-American Theatre, Yale Opera, International Festival of Arts and Ideas, Here, P.S.122, NY Chamber Opera, Circle East, , NYC Fringe Festival, Opera at Home, South Asian Festival, Columbia University and Yale School of Drama. She earned her MFA at Yale School of Drama.

**Sarah Goshman** (Stage Manager/Production Director) Sarah is a freelance Stage Manager, Lighting Designer, and Technician from Long Island, NY. Other stage management credits include: *Nuncrackers* (Smithtown Center for the Performing Arts) *Father of the Bride* (Township Theatre Group), *Amadeus* (Hofstra USA), and *Lunch* (NY Musical Theatre Festival, Asst. Stage Manager). Lighting design credits include: *Little Shop of Horrors*, *The Rocky Horror Show*, *Dreamgirls*, *Swing!*, *Nine*, *Aida*, *A Christmas Carole*, and *Jane Eyre* (CM Performing Arts Center), *Miss Saigon* and *Cabaret* (CAP), *The Last Night of Ballyhoo* (Township Theatre Group), and *Enchanted April* (Broadhollow). Sarah holds a BA in English from Stony Brook University.

**BABA ISRAEL** (Composer) is a musician, composer, music producer, and performing/recording artist who has toured internationally. His album *Mind Music* (Velour) was released in 2001 followed by "*Force of Life*" which was released as a single by Bay Area label Wide Hive and as a full-length to critical acclaim in Australia and New Zealand. He has been featured on the Revenge of the B-boy compilations by Bomb Hip Hop records, on the Ming and FS record *Subway Series* and on DJ Logic's latest album. Mr. Israel combines beat boxing, hip hop production and traditional instruments such as didgeridoo and flutes to create an innovative sound. [www.openthoughtmusic.com](http://www.openthoughtmusic.com)

**Sasha Dees** (Producer) studied business (Rotterdam) and film (NYU), worked on: TV-series On Track, Whuzzup goes Bronx (MTV Amsterdam); Couscous & Cola; E Minha Cara (Sundance Channel/Arte) selected in Sundance, Toronto and Berlinale; The Saint of Avenue B; Twins of Mankala (Tribeca) and the interaction project Chinese Whispers (Chelsea Artwalk/ Newmuseum). In theater she has worked with Made in Da Shade; Jorgen Raymann (NL) Gabri Christa DanzAisa and Chris Elam (NY). Sasha is a program consultant for Africa in the Picture, ClubACT, Today's Art (NL), Hip hop Theater Festival (NY) COX18 (Milan), URB (Helsinki) and is co-director of John106. [www.sashadees.com](http://www.sashadees.com) / [www.john106.com](http://www.john106.com)

**Made In da Shade** theater for New Times in Old Cities. Based in Amsterdam, Made in da Shade's pioneering cross-cultural multimedia performances explore the gritty reality of today's urban Europe. They conceive plays, performances and events inspired by everything



photos: Jacques-Jean Tiziou

## LOW

### AN ARTS-BASED CIVIC ENGAGEMENT COMMUNITY PROJECT

*"As a child born into the tail end of the civil rights era, my parents ingrained in my siblings and me, early on, the importance of community and voice. No matter what we experience as people, our ability to be authentically self-expressed is often "at risk." The greatest revolutionary act that any of us can take on in life is to know, honor and give voice to who we really are. This is the struggle- to be real, and in being real, each of us has the opportunity to be well and when we are well, we ARE free."*

-Rha Goddess

Artist and activist Rha Goddess strives for the liberation of her audiences. Activities presented in tandem with the performance of LOW confront the silence and self-hatred endemic among young girls and women and aggressively attack the isolation, stigma and shame around mental illness in this country. Creating a safe space to laugh, cry and rage, Goddess encourages individuals and communities to share personal narratives which challenge the social, political and moral concept of insanity through authentic expression. In partnership with local organizations, institutions and community groups, she raises awareness of the resources available to audience members for continuing dialogue and care.

To those living with mental illness, their advocates, families, and friends, professionals in the field, those dealing with grief, trauma or tragedy, community activists and organizers, youth and those involved in hip-hop, spoken word poetry and theater, young and old alike, Goddess speaks from the heart.

## GOALS

- > Provide a safe arena for open dialogue and authentic expression in local communities
- > Encourage greater collaboration between mental health professionals and the people they serve
- > Demonstrate ways in which art and civic engagement can foster a sense of community and common purpose
- > Expand the ways in which presenting organizations can play a central role in the civic life of their communities
- > Promote partnerships between presenting organizations, public and private organizations, mental health service organizations and local communities

## **AUDIENCES**

### **MENTAL HEALTH COMMUNITY**

For mental health professionals, *LOW* demonstrates the power of art to impact on an important social issue. For those struggling with mental illness, their friends and family, *LOW* provides testimony and affirmation to the truth of their experiences.

Through raw and direct presentation, Goddess captures the often harsh realities of living with a mental illness. Because strong emotions among audience members are common, a system of advance work by local mental health professionals has been established to address the needs of the audience, provide information on local resources and continuing support.

### **HIP HOP/MUSIC/SPOKEN WORD**

Rha Goddess has been an internationally touring spoken word artist for over 7 years, sharing the stage with Erykah Badu, Chuck D, KRS ONE, Olu Dara, Nona Hendrix, Ntzoke Shange, The Last Poets, and Amiri Baraka among others. As a recording artist, she has appeared as a featured artist on Weldon Irvine compilations, The Ammadou Project and the compilation of Tupac Shakur's poetry, "A Rose That Grew in Concrete." After writing and producing several popular and award winning songs, her debut album *Soulah Vibe* came out to rave reviews.

*LOW* pushes Goddess's hip hop skills to a new level in her first theatrical production. Drawing on personal and community history, Goddess explores issues of power, identity, class and wellness through dynamic language and fierce delivery.

### **WOMEN AND YOUNG GIRLS**

As both an artist and an activist, Rha Goddess is a powerful role model. The first International spokeswoman for the Zulu Nation and one of the only women in Hip Hop to record and distribute music on her own label, she was named one of *Essence* Magazine's Top 30 Women to Watch.

Encouraging young women to righteously speak their minds is central to all of Goddess's projects. In addition to *LOW*, the *Sista II Sista Freedom School for Young Women of Color*, *The Next Wave of Women & Power/We Got Issues* Project and companion book all aim to empower women to lead the next great social justice movement. *LOW* viscerally projects a female perspective on mental illness and confronts challenging issues which all young women face.

## **ACTIVITIES**

- > Facilitated discussion with Goddess and local mental health practitioners
- > Facilitated discussion about the development and creation of the work
- > Excerpt performances and discussion
- > Open mic and creative writing and "ranting" sessions with audience members
- > Public speaking engagements and keynote speeches

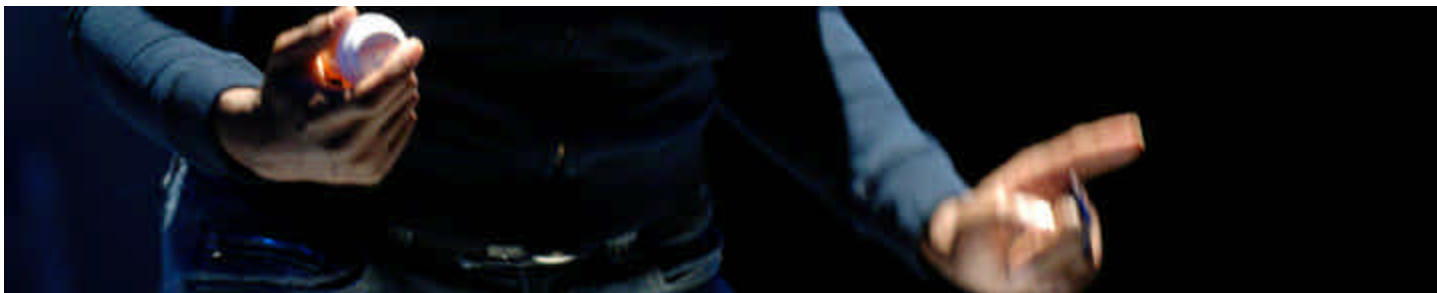


photo: Jacques-Jean Tiziou

## **Rha Goddess**

Performances & Appearances  
(partial listing)

LOW, Humana Festival of New American Plays (Louisville, KY)  
LOW, 651ARTS (Brooklyn, NY)  
LOW, Philadelphia Live Arts Festival (Philadelphia, NY)  
LOW, Cincinnati Playhouse (Ohio)  
World Conference Against Racism (Durban, South Africa)  
Intersections, New World Theater (Amherst, MA)  
V Day Gathering, Madison Square Garden (NYC)  
Act2001 Festival (The Netherlands)  
Environmental Grant Makers Conference (keynote speaker)  
Miami Hip Hop Conference (keynote speaker)  
Women & Power Conference (encore speaker)  
The Bioneers Conference (keynote speaker)  
" Soul Erotica", "Urban Griots, Joe's Pub (NYC)  
Conference of New York Folklore Society, Langston Hughes Auditorium  
Take Back the Night, North Carolina State University (Raleigh, NC)  
Amadou Diallo Benefit, Hammerstein Ballroom- Manhattan Center  
Black Artist League, Syracuse University (Syracuse, NY)  
Hip Hop Seminar, Rutgers University (New Brunswick, NJ)  
Navel Lunch Tour (Germany)  
Salute to Black History Month, City Hall (NYC)  
International Release Party, The Elbow Room (NYC)  
Double Talk Spoken Word Tour (The Netherlands)  
Verse 4 Verse, New Jersey Performance Arts Center  
Featured Artist, Poet's Den (Philadelphia, PA)  
Black Family Forum, Brooklyn Children's Museum  
Featured Artist, 28th Int'l African Arts Festival  
Featured Artist, African American Women on Tour  
Int'l Black Summit, Half Moon (Montego Bay, Jamaica)  
Rock & Roll Hall of Fame Hip Hop Conference, (Cleveland, OH)  
National Coalition to Abolish the Death Penalty, (Philadelphia, PA)  
LISTEN, Inc. Leadership for the New Millennium (Washington, DC)  
Isaac Hayes Fundraiser for Breast Cancer, China Club (NYC)



## **COMPANY SUMMARY**

Founded in the fall of 1999, Divine Dime Entertainment, Ltd. (DDE, Ltd.) produces, quality music, theater and events that engage the experiences of the global diaspora and foster communal empowerment, creativity and social responsibility. DDE, Ltd. collaborates with individuals and organizations that are enthusiastic about developing, creating and supporting phenomenal art while making a significant contribution to society.

DDE Projects and productions include: Soulah Vibe, the debut album by Rha Goddess, co-written and produced by BWhiz, N8tive Sun, and Entrified, Rha Goddess & The Cipher performance series featuring Emi Augustin, Djbril Toure, Ramsey Jones, Ron Fletcher, Andy Suh, Nikki Guillard, and Anisah Fujah on vocals, Legacy & Stay True, musical collaborations with Craig Wall, writing, arranging and producing collaborations for the Kenyan based project, Kilo Cha Haki (A Cry for Justice) and Meditations With The Goddess, a modern trilogy written and performed by Rha Goddess.



## Rha Goddess is Good for Mental Health

Peter Fraenkel, Ph.D.

Associate Professor, Doctoral Program in Clinical Psychology,  
The City College of the City University of New York

Psychotherapists like myself often speak of our work in three ways: as a science, as a craft, and as an art. The science of psychotherapy has to do with the rigorous studies we conduct comparing the effects of therapy to no therapy, or comparing one type of therapy to another, or testing the effectiveness of particular techniques with particular types of problems. The craft of psychotherapy refers to honing our skills in creating a safe place for people to talk about their most intimate concerns, assessing the nature of their difficulties and disorders, and deploying techniques to effectively engage them to consider alternative ways to think and feel about themselves, their families, their pasts, and their futures. The science and craft of psychotherapy are fairly straightforward - they can be taught, and they can be learned, by many fledgling researchers and practitioners. The art of psychotherapy, however, is more ineffable - it has to do with how we intuit a person's whole way of looking at the world, the aesthetic they live within, their deepest concerns and longings, how they experience their own version of madness and sanity. And it has to do with how we phrase what we say to them in a way that rings a bell of truth within them, how we capture their imagination, how we give them the kindling to relight the fire of hope and possibility where before there was only dampened-down lightlessness and discouragement.

Psychotherapists like myself often turn to the arts to gather metaphors, images, and the spirit of creativity we need to do the art of our work. Rha Goddess is an artist whose work makes her a natural resource for psychotherapists and all who seek to understand better the human condition and the nature of insanity. Her latest work, *Low's Journey*, powerfully and poignantly reveals the crazy-making nature of our hyped-up, socially-fragmented, depersonalized world. With a mixture of outlandish humor, open-throated rage, deepest sorrow, experiments in resignation, followed by resurging courage, she shows us how little acts - an annoying customer service representative giving us yet another run around about our phone bill, a bag of cheese doodles noisily crunched at just the wrong moment of an already hellish day, a boyfriend who can't be found one more time - can become the tipping point into madness. And when madness meets the mental health care system - a system dominated increasingly by psychiatrists pressed by managed care to deliver medication in 10 minute appointments rather than hours of compassion - folks can find themselves spiraling into an endless cycle of "management" of their individual pain rather than connecting with others to make a change in this oppressive, insane world. Threaded throughout the piece is the specter of social illness of racism, creeping 'round the edges of her characters' experiences, red-hot coals ready to burst into flame with the slightest fanning, making those on the receiving end of it seem like the crazy ones when they explode after exceeding their levels of tolerance.

I'm honored to be partnering with Rha in a unique collaboration of science and art. Using the tools of psychological research, we will examine her work as a therapeutic intervention and evaluate its impact on audience members' views of mental health and illness. We will also provide opportunities for audience members to tell their stories about their own struggles to maintain mental health and social connections in a world gone mad. Rha Goddess is an artistic and social visionary and I'm delighted to be working with her to bring her vision into the sights of the world of mental health.

## WHAT THE CRITICS ARE SAYING:

"LOW...a sure transfer to a New York stage...is at once riveting, heartbreaking and revealing."

- **BackStage**

"A powerful theater piece... one of the highlights of the just-ended 30th Annual Humana Festival of New American Plays."

- **Miami Herald**

"The passion and persuasive power of her language and lyrics won her a spontaneous standing ovation from the audience."

- **Journal**

"LOW bursts at the seams with the warm energy of its incandescent writer-performer, Rha Goddess."

- **San Diego Union Tribune**

"Goddess is a commanding performer, and [Low's] payoff manages to be both surprising and galvanizing."

- **Variety**

"Goddess weaves street-smart humor into a devastating indictment of an overmedicated society that fears the mentally ill."

- **Columbus Dispatch**

"Rha Goddess' Low...an awe inspiring production"

- **Lexington Herald-Ledger**

"In a fleet and flawless hour, Rha Goddess goes on a savage journey into the tortured mind of a young woman battling mental illness."

- **Courier-Journal**

"There's a lot of Hip Hop culture reflected in these powerful words, and Rha's performance over a gripping 75 minutes is impressive and memorable."

- **Cincinnati CityBeat**

"A powerful examination of one woman's struggle with -- and a society's descent into -- madness."

- **The Charlotte Observer**

"LOW makes us think about what we have, how easily we could lose it and the fragility of existence."

- **Cleveland Plain Dealer**

"This one-woman show examines the plight of an inquisitive, opinionated and passionate, black teenager... Performed in rap, hip-hop, dance, poetry, and exceptionally fine acting, Rha Goddess manages to make an individual's plight universal..."

- **Philadelphia Theatre Review**